

Video Title: Community Engagement Award - Playlist for Life

Speaker: This funding will help us expand and support a growing network of hundreds of community health points around Scotland. These local groups and organisations helped countless people affected by dementia through the power of personally meaningful music. Music that is meaningful to a person living with dementia can be a lifeline helping families, carers and health care professionals to connect through the soundtrack of a person's life.

Personalised playlists benefit both the person living with dementia and the one caring for them by strengthening relationships, easing distress and promoting person-centred care. This prize funding will help us reach even more people across Scotland.